



Race Course, Relay Exchange Points, Amenities & Info

★ = Water Station

😊 = Rest Room

🏠 = Relay Exchange Point

Start & Finish Line 6850
Tilbury Avenue, Firestone, CO

Relay info – There will be no relay shuttle service. Participants must make their own arrangements to drop-off/pick up your runners. Relay exchange points will be well marked & near water stations. Leg 1 ends at the 3 mile mark, Leg 2 ends at the 6.7 mile mark, Leg 3 ends at 9.7. At mile 12.1 we have marked a spot where relay teams may meet to run the last mile in together if you choose.

Aid Stations

- There will be 8 water stations on the course, to re-hydrate. See map for details. ★
- There will be 3 stations providing Gatorade at about 7, 8.5 & 11 miles. 🗑️
- Portable toilets will be provided at the starting/finish line and more throughout course, see map. 😊

Additional Race Information

- Each mile will be marked
- **Sorry, no dogs**
- No jogging strollers unless registered participant needs assistance on the 13.1 course.
- Strollers will be allowed for the 5K & fun run but must start behind other participants.
- Some roadways may have traffic directed by police, runners have right-of-way.
 - The last Aid Station will close at 11:40 and the Finish line will close at Noon (or when the last runner finishes).

Half Marathon & Relay Cannon Start 8am

5K Start 8am

1 Mile Fun Run Start 9am



Saturday, May 11, 2019
6850 Tilbury Ave., Firestone, Colorado
Half Marathon, Team Relay,
5K & Fun Run
www.cvhalfmarathon.org

Pre-Race Information

Friday, May 10, 2018: Late registration and Packet Pick-up Carbon Valley Rec Center, 701 5th St., Frederick, CO from 4:00pm – 7:30pm

Saturday, May 11, 2018: Late registration and Packet Pick-up at the Firestone Sports Complex (6850 Tilbury Ave.) from 6:30am – 8:45am

Parking

Parking will be available just off Tilbury Avenue & Falcon St., parking attendants will be directing cars where to park.

Race Start Times

8:00 a.m.: Half-Marathon and Relay

8:00 a.m.: 5K

9:00 a.m.: Fun Run

Relay info – *There will be no relay shuttle service.* Participants must make their own arrangements to drop-off/pick up your runners. Relay exchange points will be well marked & near water stations. Leg 1 ends at the 3 mile mark, Leg 2 ends at the 6.7 mile mark, Leg 3 ends at 9.7. At mile 12.1 we have marked a spot where relay teams may meet to run the last mile in together if you choose. There is no requirement to use the relay exchange points, you may divide the course up any way you choose among your team.

Aid Stations

-There will be 8 water stations on the course to re-hydrate. See map for details.

-There will be 3 stations providing Gatorade at about 7 miles 8.5 miles & 11 miles.

-Portable toilets will be provided at the starting/finish line and more throughout course, see map.

Additional Race Information

- Parking is close by the start/finish line, there will not be a bag check station available
- Each mile will be marked
- Sorry, no dogs/jogging strollers on the Half Marathon course (unless registered participant requires assistance)
- Strollers will be allowed for the 5K & fun run but must start behind other participants.
- Some roadways may have traffic directed by police, runners have right-of-way.
- The last Aid Station will close at 11:40 and the Finish line will close at Noon (or when the last runner finishes).

Post-Race Party & Expo

Each participant will receive a complementary beer or cider sponsored by High Country Beverage & Wild Cider at the beer/cider garden upon showing **proof of age**. You may show your ID at the registration area on Saturday before the race & get your wrist band to avoid the need to carry your ID during the race. Additional beer may be available for a \$3 cash donation, all proceeds benefitting Children's Hospital Colorado. Complementary post- race recovery station will be available. Pre-race coffee will be provided by ShortD's and located near the registration area. Food & Drink snack bar will also be available for Community Expo attendees. Expo & entertainment will run until Noon.

Awards

5K placement Awards will begin to be distributed at 9:15am and the Half Marathon Awards will happen about 10:30 a.m. Overall awards will be given to the top three male and female finishers in the half marathon & 5k. Awards will also be given by age group for the Half Marathon only. Every finisher in the Half & 5k will receive a finisher's medal. Top finishing Relay teams will be awarded medals. Largest team will also be recognized.

We look forward to an incredible day on May 11th! We appreciate your support & participation!!! Have a great RUN!