

Carbon Valley 5K Route

8am Start & Finish at the Firestone Sports Complex, 6850 Tilbury Ave in Firestone



★ = Water Station & Rest Room

- Race begins promptly at 8:00am
- Strollers are allowed on this course but must start behind the other runners.



Saturday, May 11, 2019 8AM
6850 Tilbury Ave., Firestone, Colorado
Half Marathon, Relay,
5K & Fun Run
www.cvhalfmarathon.org

Pre-Race Information

Friday, May 10, 2019: Late registration and Packet Pick-up Carbon Valley Rec Center, 701 5th St., Frederick, CO from 4:00pm – 7:30pm

Saturday, May 11, 2019: Late registration and Packet Pick-up at the Firestone Sports Complex (6850 Tilbury Ave.) from 6:30am – 8:45am

Parking

Parking will be available just off Tilbury Avenue & Falcon St., parking attendants will be directing cars where to park.

Race Start Times

8:00 a.m.: Half-Marathon and Relay

8:00 a.m.: 5K

9:00 a.m.: Fun Run

Aid Stations

-There will be 2 water stations on the course to re-hydrate. See map for details.

-Portable toilets will be provided at the starting/finish line and 1 more on course, see map.

Additional Race Information

- Parking is close by the start/finish line, there will not be a bag check station available
- Each mile will be marked
- Strollers will be allowed for the 5K & fun run but must start behind other participants.
- Sorry – **NO DOGS**. We all love them but some of our kids have an adverse reaction to dogs.
- Some roadways may have traffic directed by police or volunteers, runners have right-of-way.
- The last 5k Aid Station will close at 9:00 and the Finish line will close at Noon.

Post-Race Party & Expo

Each participant will receive a complementary beer or cider sponsored by High Country Beverage & Wild Cider at the beer/cider garden upon showing **proof of age**. You may show your ID at the registration area on Saturday before the race & get your wrist band to avoid the need to carry your ID during the race. Additional beer may be purchased for \$3 cash, all proceeds benefitting Children's Hospital Colorado. Live entertainment will be provided, beginning at 8:00a.m. Complementary post- race recovery station will be available. Pre-race coffee will be provided by ShortD's and located near the registration area. Food & Drink concessions will also be available for Community Expo attendees. Expo & entertainment will run until Noon.

Awards

5K Awards will begin to be distributed at 9:15am and the Half Marathon Awards will happen about 10:45 a.m.

Overall awards will be given to the top three male and female finishers in the half marathon & 5k. Men and women age group awards in the half marathon will be presented to the top three finishers in age categories divided into 10 year increments. Top finishing Relay teams will be awarded 1st, 2nd & 3rd place in the following 3 divisions: Mens, Womens & Coed. Largest team will also be recognized.

We look forward to an incredible day on May 11th! We appreciate your support & participation!!! Have a great RUN!